

Soul Circles: The Journey

Monthly Live, Virtual Workshops



Soulful Foundations

Deep Dive: Noticing

Attuning to the Soul's Voice

The Way Forward

Individual Inner Work



Pre-program Reflection
+
Optional 360 Feedback

1:1 Coaching
Reflection &
Practices

1:1 Coaching,
Reflection &
Practices

1:1 Coaching,
Reflection &
Practices

1:1 Coaching